



NeilMcKinlay.com

## **SPEAKING WITH NEIL MCKINLAY**

"Inspiring, sincere and insightful."

– Sharon Ross, BCSSA Executive Director



Neil McKinlay brings to the lecture podium a rich sense of human possibility. Weaving this together with lessons learned through his long involvement in athletics, youth, leadership and meditation, he offers a unique speaking experience. Informative and inspiring, his presentations encourage us to enter our work, play and lives in a more authentic way.

Though varying in content and duration, all Neil's talks emphasize the rich intersection of spirituality and daily living. "In my experience, this is where our lives really begin to unfold," he says. "Bringing the perspective gained through a practice such as meditation into the arena of sports or parenting or relationships - this is truly where our awareness and wisdom begin to show themselves."

Neil's speaking topics are always evolving. For this reason, please contact him in order to discuss your group's particular needs and interests. Some of Neil's recent titles include:

- Meditation, Wellness and the Human Journey,
- Parenting and the Spiritual Path,
- Sport and Possibility,
- The Living Heart of Leadership.

## **ABOUT NEIL MCKINLAY**

Neil McKinlay is a former athlete, an award-winning swim coach and a meditation instructor. Bringing these diverse backgrounds together, he has developed a unique view of human potential. Sharing this in a style that has been described as "life affirming", his talks have inspired a wide range of audiences. These include the University of Victoria School of Business, the Power of Hope, Pearson International College, the BC Summer Swimming Association and others. Neil's perspective is also evident in his meditation workshops and personal coaching, and in his book, *Learning to Swim: Reflections on Living*.

To learn more about Neil McKinlay and his speaking services, contact:

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