



CONTINUING CLASSES & WORKSHOPS

Updated November 2009



Continuing classes and workshops are open to anyone who has completed an introductory event or has permission to attend. Queenswood dates denote gatherings of the *Ocean View Meditation Group*, which provides an in-depth exploration of the meditative journey. Those marked with an asterix (*) allow full or half-day participation. The cross (+) indicates a full-day course entitled *Meditation, Wholeness, and the Living Planet*. Register through the contact info below. Inquire about organizational and private offerings at info@neilmckinlay.com.

Weekly Classes

Mon Jan 11 - Mar 1	2:00-3:15	Monterey Centre	370-7300
Wed Jan 13 - Mar 3	6:45-8:00	Monterey Centre	370-7300
Thurs Jan 28 - Mar 4	7:45-9:00	Juan de Fuca Rec	478-8384
Mon Mar 8 - Apr 26	2:00-3:15	Monterey Centre	370-7300
Wed Mar 10 - Apr 28	6:45-8:00	Monterey Centre	370-7300

One-Time Workshops

Sat Jan 30	9:00-Noon	Queenswood	info@neilmckinlay.com
Sat May 8	9:00-Noon	Queenswood	info@neilmckinlay.com
Sat June 5*	9:00-4:30	Queenswood	info@neilmckinlay.com

All-Level Intensives

Mon Jan 4 - Fri Jan 8	9:30-12:30	Monterey Centre	370-7300
Sat Feb 27+	9:00-4:00	Royal Roads	391-2600 (ext 4801)
Sat Apr 10 - Sun Apr 11	9:00-4:30	Queenswood	info@neilmckinlay.com

*Inquire about Neil's other services:
personal coaching | intuitive healing & guidance*