



WORKSHOPS WITH NEIL MCKINLAY

Updated March 2008



This list outlines workshops Neil will lead in coming months. Though these are not solely concerned with meditation practice, they do draw from this tradition in unique ways. The astrix (*) denotes a joint *Simplify Your Life/Learning to Meditate* offering. Descriptions of each can be found on the 'Presenting' page of NeilMcKinlay.com. Further information is available through the contact numbers.

To be placed on a mailing list for upcoming events, email info@neilmckinlay.com.

Simplify Your Life

Sat May 31*	9:00-4:00	Queenswood	info@neilmckinlay.com
Sat Jun 21	1:00-4:00	Monterey Centre	370-7300
Tues Jul 15	7:00-9:00	Shoreline Community	386-8367

Parenting and the Spiritual Path

Sat May 24	1:00-4:00	Monterey Centre	370-7300
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The Five-Minute Refresh

There are no public offerings of this event slated at present.

Please be in touch if interested in bringing *The Five-Minute Refresh* into your workplace.

Inquire about Neil's corporate and organizational offerings.